

➤ Questions

1. What is your opinion on snacks between meals?
2. Is it healthy to eat snacks?
3. What kind of snacks do you like to eat?
4. What kind of snacks do children in your country like to eat now?
5. What was the most popular snack when you were young?
6. When do you usually eat snacks?



Please Note:

Our model answers teach you useful language and give you ideas. However, it is not a good idea to try and memorise them and repeat them in the IELTS exam.

Prepare for {IELTS}

entirely different = completely different; not the same

I have a tendency to do it = I often/usually do it (**to have a tendency to do something**)

1. What is your opinion on snacks between meals?

Well, what I think and what I do are two **entirely different** things. Snacking isn't good, but **I have a tendency to do it.**



NATIVE SPEAKERS OF ENGLISH

Prepare for {**IELTS**}

MAINLY
MOSTLY
USUALLY

nutritious = healthy and good for you

a piece of fruit = fruit is uncountable

if you are snacking on = if you are eating (**to snack on** = to eat between meals)

junk food = fast food

processed food = made using artificial ingredients; the food has gone through a process

2. Is it healthy to eat snacks?

I guess it depends on the snack. If it is something **nutritious** like **a piece of fruit**, then yes, but **if you are snacking on junk food or processed food**, then **no**.



NATIVE SPEAKERS OF ENGLISH

Prepare for {IELTS}

Anything I can get my hands on =
anything I can find

I am addicted to = I am obsessed
with; I can't stop (eating...)

sugary foods = sweet foods

I have a sweet tooth = I love sweet
things more than savoury things

candies = sweets

3. What kind of snacks do you like to eat?

**Anything I can get my hands on! I am addicted to
sugary foods because I have a sweet tooth so
anything sweet like chocolate or candies.**



NATIVE SPEAKERS OF ENGLISH

Prepare for {IELTS}



stuff = things

to consume = to eat

far = much/many

carbs = carbohydrates

previous generations = older people

4. What kind of snacks do children in your country like to eat now?

All the unhealthy **stuff** such as crisps (chips) and sugary snacks. The younger generation **consume far more carbs than previous generations.**



NATIVE SPEAKERS OF ENGLISH

Prepare for {IELTS}



I'm not entirely sure = I don't know

mates (informal) = friends

pick 'n' mix = sweets/candies sold
by weight

5. What was the most popular snack when you were young?

Oh, **I'm not entirely sure**. Me and my **mates** used to get **pick 'n' mix** sweets because they were far cheaper than they are now.



NATIVE SPEAKERS OF ENGLISH

Prepare for {IELTS}



Generally = usually

a treat/a reward = something nice
you give someone or yourself

to promise yourself = to say to
yourself 'I will do this'

motivation = something that causes
you to do something

6. When do you usually eat snacks?

Generally, when I'm bored or as **a treat**. So, for
example, if I have an essay to write, **I'll promise**
myself a reward if I write 100 words. I use snacks as
motivation.



NATIVE SPEAKERS OF ENGLISH

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